

Dates: August 16-20
6:00-8:00 p.m.

Age Group: Girls from Grades 9-12

Fees: \$125/ player

Each player will receive exemplary coaching from experienced coaches and players from the Woodland community. Each player will receive individual tutelage to develop individual skills as well as team-based coaching to develop court awareness and a team mentality.

Registration Deadline:

First 30 athletes to apply

Goals:

Our coaching staff is dedicated to Achieving three goals with each athlete:

- 1. Improve the individual fundamentals of each player**
- 2. Teach and refine the positional skills of each player**
- 3. Teach and refine the team game of power volleyball**

Schedule:

- Aug 16 Registration**
Ball Control
Serving Fundamentals and Strategies
- Aug 17 Serve Receive/ Defense**
The Attack
- Aug 18 Serve Receive/ Defense**
The Block
- Aug 19 Positional Specialization**
-Setters, Middles,
Outside Hitters, Libero
- Aug 20 Serve Receive/ Defense**
Power volleyball and Team Development

Awards:

All participants will receive a camp t-shirt.

On the evening of the 20th, the coaches will award to new game balls to the two hardest working and most coachable athletes in the camp (one junior level and one senior level).

Contact Information:

Josh Harris 519 578 0248
josh_harris41@hotmail.com

Wayne Harris 519 578 0248
wayneharris741@yahoo.com



Coaching Staff & Credentials:

Head Coach, Junior Division:

Wayne Harris: OCAA Men's Volleyball Coach of the Year, 2009-2010. Head coach of the Redeemer Royals Men's Varsity Volleyball team, 2008-2010. Head coach Redeemer Royals 21U Men's Volleyball, 2008-09. Head Coach Waterloo Tigers 21U, 2006-07. Head Coach Woodland Cavaliers Boy's & Girl's Volleyball, 1983-2010.

Head Coach, Senior Division:

Josh Harris: OCAA Gold medalist, Algonquin College Men's Varsity Volleyball, 2008-09. Competed for a CCAA Men's Volleyball National Championship, 2008-09. OVA Tier 1 Silver and Bronze Medalist, Waterloo Tigers. Two time District 8 All-star, Woodland Cavaliers. District 8 Boy's Volleyball Most Valuable Player, 2005.

Guest Coaches:

Melody Buchanan:

Bekah Harris: Head and Assistant Coach of the Woodland Cavalier Girl's Volleyball team, 2005-08. Head Coach of the CWOSSA Gold Medal winning Woodland Girl's Volleyball team, 2008. District 8 All-star, Woodland Cavaliers, 2003.

Woodland Cavaliers Girl's Volleyball Clinic



**August 16-20, 2010
6:00-8:00 p.m.**