

Dates: August 16-20
8:00-10:00 p.m.*

Location: Woodland Christian
High School, Breslau, ON

Age Group: Boys from Grades 8-12

Fees: \$100/player

Each player will receive high-level coaching from experienced coaches and players from the Woodland community and surrounding area. Each player will have opportunities to advance his individual skills and fitness as well as develop a better understanding of team offensive and defensive systems.

Registration Deadline:

JUNE 25th or first 25 applicants to apply.

Goals

During your week of camp, you will be encouraged towards three goals:

1. To practice and develop sound basketball fundamentals
2. To improve ability to excel within offensive and defensive systems.
3. To learn to apply skills at a high level in a fast-paced game.

Schedule:

Aug 16 -Registration

-Fitness, skill testing
-Ball handling, shooting

Aug 17 -Ball handling, shooting
-Defense, rebounding

Aug 18 -Positional work:
Guards, forwards

Aug 19 -Offensive and defensive
fundamentals
-Game situations

Aug 20 -3-on-3 play
-Skill testing
-Final tournament

Note to players: *Please be dressed and warmed up by 8:00 each evening.*

Awards:

All participants will receive a camp t-shirt.

At the closing of the camp, the coaches will award a new game ball to the player who has worked the hardest and shown significant improvement over the course of the week.

Contact Information:

Jon Berends 519.277.5611
jeberends@gmail.com



Coaching Staff

Head Coach:

Jon Berends: Head Coach of Woodland Cavaliers Boy's Basketball; former Toronto high school basketball all-star.

Guest coaches:

TJ Grant: Three-year point guard for University of Waterloo basketball team; Former D8 basketball MVP and all-star.

Ken Vanderzwaag: Woodland Basketball coach.

Scott Kooy: Woodland Basketball coach.

Woodland Cavaliers Boys' Basketball Clinic



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